



Lumineers / veneers

A beautiful healthy smile is important to a lot of people these days, but not everyone has such a smile from it's own. A clean and white smile is everybody's wish. With the latest techniques in dentistry almost everything is possible and I can make it work for you. Healthy teeth that are naturally worn, chipped, crooked, discoloured or have gaps due to missing teeth can detract from your smile and impair proper function. Lumineers or veneers can help you to get that perfect smile back.



What are they?

Lumineers (ultrathin facings) are the new revolution in dentistry to provide you with a perfect smile. These porcelain shields are so thin you can compare them with contact lenses, they give you a perfect bright smile. There is no need to cut away any tooth material, so you don't need injections neither. The whole treatment is done in two times, the first visit we take an imprint of your teeth and the second visit the lumineers are fitted into place. Smiling should be a happy, enjoyable experience, not stressful or embarrassing. Lumineers are developed and introduced in 2004 by DEN-MAT. They produce a 0,3—0.5 mm thin porcelain shield that covers your natural tooth. It's placed with special cement so that it can make your naturally stained, or chipped tooth, shine again with a bright color and shape. Even dark colored teeth can get a natural white shine again.

When do we use lumineers or veneers.

That all depends on your case, if the teeth are to dark or there isn't enough space, we will have to prepare them and use veneers. Veneers are in fact just thicker lumineers and we have to shape your teeth a bit, the outcome is the same. It depends on the size , place and color of your teeth.



We have used different types of veneers from ceramic materials to different levels of full prep, minimal prep and no prep veneers including Lumineers and Ceram veneers. Every patient is unique and treatment options are numerically ordered depending on the case.

For those cases that require minimal to no prep veneers to create a perfect smile, full prep veneers go down the list of options as tooth preservation is always our first concern.

Some examples done in our Clinic.



Make over's using lumineers and veneers.

Veneers are an important tool for the cosmetic dentist. A dentist may use one veneer to restore a single tooth that may have been fractured or discolored, or multiple teeth to create a "Hollywood" type of makeover. Many people have small teeth resulting in spaces that may not be easily closed by orthodontics. Some people have worn away the edges of their teeth resulting in a prematurely aged appearance, while others may have malpositioned tooth/ teeth that appear crooked. Multiple veneers can close these spaces, lengthen teeth that have been shortened by wear, fill the black triangles between teeth caused by gum recession, provide a uniform color, shape, and symmetry, and make the teeth appear straight. Dentists also recommend using thin porcelain veneers to strengthen worn teeth. It is also applied to yellow teeth that won't whiten. Thin veneers are an effective option for aging patients with worn dentition. In many cases, minimal to no tooth preparation is needed when using porcelain veneers.

